



9TH ANNUAL SYMPOSIUM
**PEDIATRIC
ENDOCRINOLOGY
SYMPOSIUM**
COMPLEX ENDOCRINE DISORDERS

NOVEMBER 8, 2019

NYU WINTHROP RESEARCH & ACADEMIC CENTER

NYU Winthrop Hospital | Mineola, New York



Accredited by NYU Winthrop Hospital
Approved for 5.50 CME-CE Credits
5.0 Pediatric MOC Points Available

OVERVIEW

The 9th Annual Pediatric Endocrinology Symposium: Complex Endocrine Disorders will provide a broad spectrum of interesting and challenging topics on growth hormone as well as growth-related endocrine disorders and syndromes. The most current research findings and practice strategies will be presented by an international faculty who are experts in the field. The format will consist of didactic lectures, case presentations and interactive discussion.

LEARNING OBJECTIVES

At the end of this course, participants should be able to:

- Explain the criteria for optimal IGF-1 dosing for the use of growth hormone therapy
- Interpret the diagnostic criteria of hyperthyroidism and the evidence-based approaches to therapy
- Articulate the best genetic approach to children with growth disorders
- Identify misconceptions involving the long-term risks of childhood obesity
- Describe examples of possible complications in the therapy and care of children and teenagers who have Turner Syndrome
- Interpret the diagnostic criteria of adrenal hyperplasia and the management approaches which include better communication among care providers
- Summarize the optimal methods of evaluating and treating children with growth disorders safely and effectively

TARGET AUDIENCE

Pediatric and adult endocrinologists, internists, geneticists, nurse practitioners, nurses, physician assistants, residents and fellows.

COMPETENCIES

This symposium will address the following ACGME/ABMS competencies:

- Patient Care/Safety
- Medical Knowledge
- Practice-based Learning and Improvement
- Professionalism

CME ACCREDITATION

NYU Winthrop Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians through 3/31/2023. **Provider #: 0006392.**

AMA CREDIT DESIGNATION

NYU Winthrop Hospital designates this live activity for a maximum of **5.50 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

MOC STATEMENT



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **5.0 MOC points** in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participation completion information to ACCME for the purpose of granting ABP MOC credit.

NURSING CONTACT HOURS

NYU Winthrop Hospital is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved for up to **5.50 Contact Hours. Provider # NY009-2020**

AGENDA

- 7:30a **REGISTRATION, BREAKFAST AND EXHIBITS**
- 8:30a **WELCOME AND INTRODUCTIONS**
Paul Saenger, MD, MACE
- 8:45a **MOLECULAR ASPECTS AND GENETIC CAUSES OF SHORT STATURE**
Andrew Dauber, MD, MMSc
- 9:30a **NEW FORMS OF OBESITY AND TREATMENT OPTIONS**
Martin Wabitsch, MD, PhD
- 10:15a **COFFEE BREAK AND EXHIBITS**
- 10:45a **HYPERTHYROIDISM – FROM KOCHER TO NOW**
Scott A. Rivkees, MD
- 11:30a **IGF BASED DOSING OF GROWTH HORMONE**
Pinchas Cohen, MD
- 12:15p **LUNCHEON AND EXHIBITS**
- 1:00p **GROWTH HORMONE GUIDELINES FROM THE GROWTH HORMONE RESEARCH SOCIETY 2019**
Paul Saenger, MD, MACE
- 1:45p **CLINICAL CARE FOR GIRLS AND WOMEN WITH TURNER SYNDROME:
REVIEW OF THE NEW INTERNATIONAL PRACTICE GUIDELINES**
Philippe F. Backeljauw, MD
- 2:30p **UPDATE ON CONGENITAL ADRENAL HYPERPLASIA 2019**
Phyllis W. Speiser, MD
- 3:15p **ADJOURN**

CALL FOR ABSTRACTS

We are pleased to invite trainees to submit abstracts for an abstract competition for the **Metropolitan Endocrine Award**. The categories for this year's competition are Basic Science, Clinical Case Reports and Clinical Research. The material submitted can be something that has been shown previously at national meetings in 2019.

Our review committee at NYU Winthrop Hospital will review all submissions. Submissions will be accepted until **5:00 PM Tuesday, October 1, 2019**. Judging will take place on Friday, October 11, 2019 and the Finalists will be announced on Tuesday, October 15, 2019. The first prize in each category is \$500 and the second prize in each category is \$300.

We do hope to provide a new forum for exchange of research data for the metropolitan pediatric endocrine research community. To submit your abstract – please go to <https://bit.ly/2JDNJzf>

If you have any questions – please contact Peter Sandre, Manager of CME Events and Compliance for the NYU Long Island School of Medicine at (516) 663-8459 or at Peter.Sandre@nyulangone.org

FACULTY



Paul Saenger, MD, MACE*

(Activity Director)

Attending Endocrinologist
NYU Winthrop Hospital
Professor of Pediatrics Emeritus
Albert Einstein College of Medicine of Yeshiva University
Visiting Professor, Munich University
Visiting Professor, Beijing Children's Hospital



Scott A. Rivkees, MD

Florida Surgeon General
Secretary, Florida Department of Health
Tallahassee, FL



Philippe F. Backeljauw, MD

Director, Cincinnati Center for Pediatric and Adult Turner Syndrome Care
Director, Pediatric Endocrinology Fellowship Program
Clinical Director, Growth Disorders Center
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Phyllis W. Speiser, MD

Chief, Division of Paediatric Endocrinology
Northwell Health
Lake Success, NY
Professor of Pediatrics
Donald and Barbara Zucker School of Medicine at Hofstra Northwell
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Pinchas Cohen, MD

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William and Sylvia Kugel Dean's Chair
Executive Director - Ethel Percy Andrus Gerontology Center
Professor of Gerontology, Medicine and Biological Sciences
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Martin Wabitsch, MD, PhD

Head of Division of Paediatric Endocrinology and Diabetes
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Andrew Dauber, MD, MMSc

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Endocrinology Fellowship Program Director
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PLANNING COMMITTEE

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FACULTY DISCLOSURE

It is the policy of NYU Winthrop Hospital to adhere to ACCME, NEMSD and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products or devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity.

***Planning Committee Member**

REGISTRATION

We accept online registration ONLY for all NYU Winthrop CME-CE courses. Please register at winthrop.cloud-cme.com **SPACE IS LIMITED. REGISTER EARLY.**

REGISTRATION FEES Registration fee includes educational materials, meals and CME-CE credit certificate

- \$140 Physicians
- \$110 Nurses, NPs, PAs and Others
- \$35 External Residents & Fellows (With Valid ID)
- FREE NYU Winthrop Residents and Fellows (With Valid ID)

CONFIRMATION All registrants will receive a confirmation via email.

CANCELLATION

Cancellation by NYU Winthrop Hospital: It is the policy of NYU Winthrop Hospital that in the unlikely event we must cancel a scheduled activity, all registered learners are immediately notified via email, with full refund offered where applicable. Wherever possible, our registration page of the website will be updated to reflect the activity cancellation. If we cancel less than 48 hours in advance of scheduled start time, we will also telephone all registered learners regarding the cancellation and refund.

Cancellation by Learner: It is the policy of NYU Winthrop Hospital that if you the learner must cancel or withdraw before an activity for which you have previously registered, a handling fee of \$25 will be deducted for cancellation. Requests for refund or transfer of registration must be received by email 72 hours prior to the course to Keyana.Golds@nyulangone.org No refund or transfer of registration will be made thereafter.

COMPLAINT RESOLUTION POLICY It is the policy of NYU Winthrop Hospital that complaints received about continuing education or related matters are investigated and resolved within 72 hours (if received during business hours) or within 7 days (if received outside of business hours).

LOCATION NYU Winthrop Research & Academic Center, Main Level, 101 Mineola Boulevard, Mineola, NY 11501

TRAIN INFORMATION Mineola is 34 minutes by train from New York's Penn Station and 19 minutes by train from JFK airport at Jamaica, New York. Most eastbound and westbound branches of the Long Island Railroad (LIRR) stop in Mineola. Please check the LIRR's TrainTime mobile app for daily schedules. If arriving in Mineola on an Eastbound train, cross the footbridge to the north side of the platform. Walk one block north toward the NYU Winthrop Research and Academic Center.

PARKING Parking is available at any of these convenient campus lots:

- Mineola Intermodal Center at 65 3rd Ave., Mineola (Payment required).
- NYU Winthrop Campus Visitor's Parking Garage (access via Emergency entrance at 2nd & 3rd Ave. Payment required).
- 120 Mineola Blvd. Ramp (Free parking on weekends above level 2 only, other levels will be fined).

NOTE: Parking will not be validated in any NYU Winthrop campus lots.

ACCOMMODATIONS We do not have a discounted room block for this meeting. However, if you require a hotel, we suggest that you contact the Garden City Hotel by calling 1-800-547-0400.

SPECIAL NEEDS The NYU Winthrop Research & Academic Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459.

If you experience technical problems with the online system, wish to register a group, or require other special arrangements; please contact Keyana Golds at 516-663-9685 or via email at Keyana.Golds@nyulangone.org for assistance.

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NYU Winthrop Hospital

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